

A QUARTERLY MAGAZINE FOR YOUR COMMUNITY HEALTH

Your Health

We Always Care

A Publication of Sweetwater Hospital Association



**VOTED
MONROE COUNTY
CHAMBER OF COMMERCE
2022 BUSINESS OF THE YEAR**

SHA
Sweetwater Hospital Association

www.sweetwaterhospital.org

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Visit one of our 9 locations

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Look for information about our new Robotic Operating Room Suite.



MESSAGE

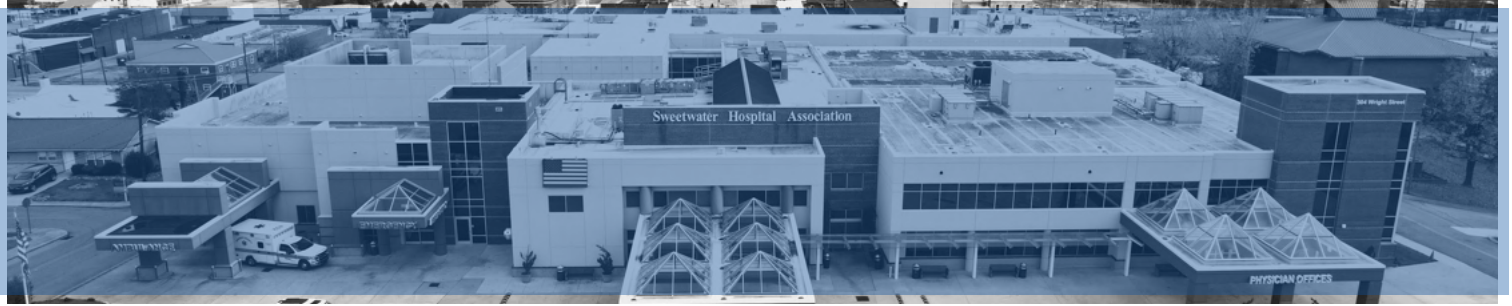
FROM THE CEO



Sweetwater Hospital Association has a strong foundation of caring and excellence that provides quality patient care. Throughout 2022, we have made many changes within the Sweetwater Hospital system that reflect this commitment. With continued efforts, we have worked together to develop innovative and fiscally responsible initiatives that meet the needs of our patients, team, and community. Together we are advancing healthcare, reaching outlying communities, and delivering the best possible care to every patient that continues to rely on Sweetwater Hospital as their primary care provider. Our newly established clinics allow us to provide a healthcare network to our entire region. This year we have provided new locations, including the Loudon Family Practice and Women's Health Clinic, Industrial and Family Medicine Vonore, Physical Therapy Vonore. These new outlying facilities work with our hospital physicians to provide our patients with the best care. We offer a people-centered approach to everything we do, and this is what sets us apart. Our focus this year has been to make the patient experience one which offers committed healthcare that is engaged and caring at all levels of our organization. We will continue to concentrate on a culture that serves the people of our community, offering the best health system with continued growth and commitment. I am proud of what Sweetwater Hospital Association has accomplished this year and look forward to many more exciting things in 2023.

A handwritten signature in black ink that reads "Ian McFadden". The signature is fluid and cursive.

DR. IAN MCFADDEN, CEO



BOARD OF DIRECTORS

BOARD OFFICERS

Chairman - Mr. Doug Warren

Vice Chairman - Mr. John Carson, III

Secretary/Treasurer - Dr. Ian McFadden

MISSION

- To provide the highest quality of medical care.
- To continue our reputation for having highly knowledgeable and technically skilled staff.
- To provide outstanding patient care in state of the art facilities with genuine kindness and compassion for others.



Mr. Gary Kimsey, Ms. Teresa Harrill, Dr. Kenny Archer, Mr. John Carson III, Dr. Christopher Bowman, Dr. Ken Kozawa, Mr. Doug Warren, Mr. T.K. Sloan, Ms. Barbara Watson, Mr. Tom Korn, Mr. Jim Fairweather, Dr. Larry James, Mr. Pat Pennington

EXECUTIVE TEAM



LUCRETIA ALLEN
Chief Human Resource
Officer



WALTER FANNING
Chief Information Officer



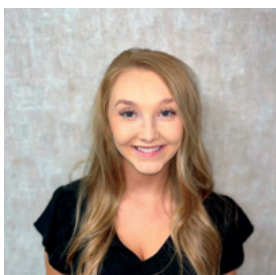
MELISSA HARRIS
Chief Clinical Officer



ANDREA HENRY
Chief Physician Practice
Officer



DR. IAN MCFADDEN
Chief Executive Officer



BRANDALYN STEELE
Executive Assistant to CEO



ASHLEY VOTRUBA
Chief Financial Officer



GRETCHEN WILLIAMS
Chief Nursing Officer

SHA
Sweetwater Hospital Association
Your Health... Our Mission.

"A top management team defines and amplifies the culture of an organization – serving as both the nerve center and the heartbeat to direct and inspire individuals and teams. These individuals articulate purpose, set a clear and actionable strategy for achieving that purpose, and most importantly, motivate and empower everyone else in the organization to succeed. A top management team is more than a collection of the organization's senior-most executives – it's a microcosm for the entire organization. How the top management team works together shapes how everyone in the organization works together, especially in challenging times."

Kimberly A. Whitler
- Forbes Magazine

SHA
Sweetwater Hospital Association



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Therapy Services



SWEETWATER HOSPITAL ASSOCIATION THERAPY SERVICES



DID YOU KNOW

WE CAN HELP YOU FEEL YOUNG AGAIN

Our Outpatient Therapy Services include (but are not limited to)

Physical, Occupational, and Speech therapy for a variety of diagnoses including: .

- Orthopedic injuries/conditions (including pre and post surgical)
- Geriatric Therapy (orthopedic, neurological, or general conditioning patients)
- Vestibular Rehab (including BPPV)
- Sports Rehab
- Disorders of the Integumentary System
- Pelvic Floor Rehabilitation
- Hydroworx EVO (Water Rehab)
- Proprio Balance Training
- Orthotics, Custom Inserts, Diabetic Shoes
- Dry Needling
- ASTYM

WWW.SWEETWATERHOSPITAL.ORG

SWEETWATER LOCATION
 Sweetwater Hospital Physical Therapy
 202 N High Street
 Sweetwater, TN 37874
 Phone: (865) 213-8753
 Hours: Mon - Thurs 7:30AM – 6PM
 & Friday 7:30AM – 4PM.

VONORE LOCATION
 155 Grand Vista, Suite 2
 Vonore, TN 37885
 Phone: (865) 213-8753
 Hours: Mon - Fri
 8:00AM – 4:00PM

TELLICO PLAINS LOCATION
 412 Hunt Street
 Tellico Plains, TN 37385
 Phone: (423) 253-6532
 Hours: Mon - Fri
 8:00AM – 4:00PM



Sweetwater Hospital Association Physicians Group



Tracey Beverley, M.D.
Family Practice &
Women's Health



Chris Bowman, M.D.
Orthopedic Surgery



Zachary Bryant, M.D.
General Surgery



Renea Cagle, F.N.P.
Internal Medicine



Ben Coffey, D.O.
Family Practice



Michelle Davis, F.N.P.
Internal Medicine



Bill Dawson, P.A.-C.
Pediatrics



John Dawson, M.D.
Industrial Medicine &
Family Medicine



Kellie Gallaher, F.N.P.
Internal Medicine



Kristin Gregory, P.A.-C.
Pediatrics



Kristy Grimes, F.N.P.
Internal Medicine



Lacie Gudger, F.N.P.
Family Practice



Laurence James, M.D.
Internal Medicine



Samuel Keenan, D.O.
Internal Medicine



Sangeeta Krishen, M.D.
Pediatrics



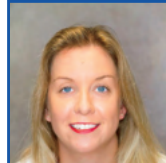
Ken Kozawa, M.D.
Gastroenterology
& Internal Medicine



Sonya Lovingood, F.N.P.
Industrial Medicine &
Family Medicine



Olga Lutsyk, D.O.
Family Practice &
Women's Health



Laura Miller, M.D.
Obstetrics and
Gynecology



John Oglesby, M.D.
Obstetrics and
Gynecology



Ashlin Paz, M.D.
Obstetrics and
Gynecology



Eric Poston, M.D.
Internal Medicine



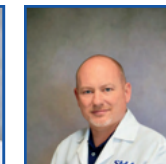
Ashley Pinette, M.D.
General Surgery



Candace Benoit-Pinette, M.D.
Obstetrics and
Gynecology



**Wendy Saint
Robbins, M.D.**
Pediatrics



Chris Shamblin, M.D.
Internal Medicine



Stephanie Smith, N.P.
Urgent Care



Thomas Vance F.N.P.
Internal Medicine



**Cynthia Whisenant,
N.P.**
Urgent Care

Largest Multispecialty Group between Knoxville and Chattanooga

Care You Can Trust.

Affordable and Accessible, Equitable



**Sweetwater Hospital Association
Physicians Group**

A division of Sweetwater Hospital Association

SHA
Sweetwater Physician Group
A Division of Sweetwater Hospital Association

SPECIALTIES

AND ACTIVE MEDICAL STAFF

ANESTHESIOLOGY

Samuel Couillard, CRNA
Edward Gentry, CRNA
Jamie Johnson, CRNA
Charles Hayes, CRNA
James Smith, CRNA

CARDIOLOGY

Stuart Bresee, M.D.
(865) 544-2800
Malcom Foster, M.D.
(865) 392-3400
Jeffrey Hirsh, M.D.
(865) 544-2800
Jeffrey Johnson, M.D.
(865) 544-2800
Robert Martyn, M.D.
(865) 392-2400
Ravi Mehta, M.D.
(865) 392-3400
Benjamin Shepple, M.D.
(865) 544-2800

EMERGENCY MEDICINE

Robert Dukes, MD
Celia Harrison, MD
Algianon Jeffero, MD
Joshua Murphy, MD
Thomas Bishofberger, MD
Karen Whittaker, MD
Brandon Brooks, PA
Shawn Brunelle, PA
Kate Ebersole, PA
Carl Goins, PA
Amy Hamlin, NP
Brian Hedrick, PA
Jeffrey Longenecker, PA
Mary Kathryn Massaro, PA
Ivy Massengale, PA
Gregory Morgan, PA
Greg Stevens, PA

FAMILY PRACTICE

Tracey Beverley, M.D.
(865) 213-8594
Madisonville, TN
Dawn Frerichs
(423) 351-7000
Lacie Gudger, N.P.
Ben Coffey, D.O.
(865) 213-8595
Sigrid Johnson, M.D.
(423) 351-7000
Olga Lutsyk, D.O.
(865) 657-3755

GENERAL SURGERY

Terry Adams, M.D.
(865) 218 7470
Nicholas Ballay, M.D.
(423) 745-2344
Zachary Bryant, M.D.
(865) 213-8592
Thomas Layman, M.D.
(423)745-2344
Ashley Pinette, M.D.
(865) 213-8592

FAMILY AND INDUSTRIAL MEDICINE

John Dawson, MD
(423) 884-2450
Vonore & Sweetwater
Sonya Lovingood, FNP

INTERNAL MEDICINE

Laurence James, M.D.
(865) 213-8595
Kristina Grimes, N.P.
(865) 305-9254
Samuel Keenan, D.O.
(865) 213-8595
Eric Poston, M.D.
(865) 213-8595
Chris Shamblin, M.D.
(865) 213-8595

GASTRO/INTERNAL MEDICINE

Ken Kozawa, M.D.
(865) 213-8590
Renea Cagle, N.P.
Kellie Gallaher, N.P.
Michelle Davis, N.P.
Thomas Vance, N.P.

NEPHROLOGY

Yaqub Ali, M.D.
(865) 988-6575

OB/GYN

Laura Miller, M.D.
(865)-213-8592
John Oglesby, M.D.
(865)-213-8592
Ashlin Paz, D.O.
(865)-213-8592
Candace Pinette, M.D.
(865) 213-8592

ONCOLOGY

Tracy Dobbs, M.D.
(865) 934-5800

ORTHOPEDIC SURGERY

Chris Bowman, M.D.
(865) 213-8595

OTOLARYNGOLOGY

Drue Manning, M.D.
(865)777-1727

PEDIATRICS

Sangeeta Krishen, M.D.
(865) 213-8593
Wendy Saint Robbins, M.D.
(865) 213-8593
Bill Dawson, P.A.
Kristie Gregory, P.A.

PODIATRY

Alexander Green, D.P.M.
(865) 482-1788

PULMONOLOGY

Ronald Cherry, M.D.
(865) 213-8595

RADIOLOGY

Lynda Rogers, M.D.
(865) 213-8565
David Norris, M.D.
(865) 213-8565
Tina James, M.D.
(865) 213-8565

URGENT CARE

FastTrak
(423) 884-2133
Vonore

UROLOGY

James Bienvenu, M.D.
(865) 305-9254
Adam Shrewsberry,
M.D.
(865) 647-1876



November 2022 marked one year since Sweetwater Hospital Association opened its new seven bed Intensive Care Unit to provide care for critically ill patients with a variety of diagnoses. Sweetwater Hospital Association's highly skilled intensive and critical care staff are available to provide for our patients in the greatest need.



New SHA Physical Therapy Center Now Open in Vonore

Sweetwater Hospital Association has expanded the space dedicated to physical therapy services into the industrial park in Vonore. Physical Therapist Michelle Walker and Occupational Therapist Roger Whaley will assist their patients in various forms of rehabilitation, offering complete screenings and treatment tailored to patients specific needs.

For information on how to schedule a visit, call (865)-213-8753 or visit www.sweetwaterhospital.org



Hydrotherapy Treatment

Vonore Physical Therapy offers hydrotherapy as a physical therapy method that treats a variety of symptoms throughout your body using water.

Hydrotherapy can be used to treat conditions such as:

- Osteoarthritis.
- Fibromyalgia.
- Parkinson's disease.
- Neuropathy.
- Ankylosing Spondylitis (AS).
- Multiple sclerosis (MS).
- Cerebral palsy.

Call today to schedule an appointment. (423)213-8753

PELVIC FLOOR REHABILITATION

Pelvic floor physical therapy is a specialty area focusing on evaluating and treating the musculoskeletal and behavioral aspects of conditions within the abdomen and the pelvis. The pelvic floor muscles run from the pubic bone to the tailbone and are involved in bladder and bowel function, sexual function, organ support, and postural stability. These muscles work together with the deep abdominal muscles, low back muscles, and respiratory diaphragm to provide spine and pelvic support and stability throughout all aspects of movement. Call (865)213-8753 to schedule an appointment.



SWEETWATER HOSPITAL
HOME HEALTH IS
CELEBRATING



on the HCAHPS Patients'
Perspectives of Care Survey

WHAT DOES
IT MEAN TO
BE RATED
FIVE STARS
BY HCAHPS?

"The HCAHPS (Hospital Consumer Assessment of Healthcare Providers and Systems) survey is the first national, standardized, publicly reported survey of patients' perspectives of hospital care. HCAHPS (pronounced "H-caps"), also known as the CAHPS Hospital Survey, is a survey instrument and data collection methodology for measuring patients' perceptions of their hospital experience."



<https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HospitalQualityInits/HospitalHCAHPS>

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Your Health... Our Mission.

SHA WELCOMES NEW PHYSICIANS



Zachary Bryant, M.D.
General Surgery

Dr. Zachary Bryant grew up in Charleston, South Carolina. Dr. Bryant would later attend the Citadel, obtaining his Bachelor of Science in Health, exercise, and sports science. He then received a Masters in Biology. After college, he moved to Columbia, South Carolina, to attend the University of South Carolina School of Medicine. Dr. Bryant would then move to Augusta, Georgia, where he met his wife and completed his surgical residency. Dr. Bryant now lives with his wife and daughter in Sweetwater, TN. They will soon be adding a son to their family. He enjoys spending time with his expanding family and attending football games.

To schedule an appointment with Dr. Bryant, please contact his office at (865) 213-8592.



Samuel Keenan, D.O.
Internal Medicine

Born and raised in Marietta, Georgia, Dr. Samuel Keenan, D.O., graduated from LMU-DCOM medical school in Harrogate, Tennessee. He completed his residency training in Dayton, Ohio, at Grandview Medical Center, specializing in internal medicine. While residing in Tennessee, Dr. Keenan and his family fell in love with the area and the people. They knew they would settle down in Tennessee once Dr. Keenan completed his residency training. Dr. Keenan was also determined to fulfill his commitment to practicing in a rural, underserved community. This decision led him back to east Tennessee and, ultimately, Sweetwater Hospital Association, where he recently started his practice.

Dr. Keenan is now accepting new patients and looks forward to integrating into the community and providing quality healthcare to its residents. In his spare time, Dr. Keenan spends time with his wife, Addy, their 11-month-old son, Julian, and their three sweet pups. Dr. Keenan considers it an honor and privilege to have found such a loving and welcoming community to grow his family and pursue his passion.

To schedule an appointment with Dr. Keenan, please contact his office at (865) 213-8595

SHA WELCOMES NEW PHYSICIANS



Olga Lutsyk, D.O.
Family Practice
and
Women's Health

Dr. Olga Lutsyk, originally from Ukraine, found her love for medicine through her desire to care for her whole family. Having relocated to the United States Dr. Lutsyk has found her home in Loudon, TN. She graduated from California State University - Sacramento and was medically trained at Lincoln Memorial University and DeBusk College of Osteopathic Medicine in Harrogate, Tennessee. Dr. Lutsyk then received her postgraduate Family Medicine Residency training at Community Health Care in Tacoma, WA. Dr. Lutsyk has a clinical interest in pregnancy and delivering babies, as well as caring for children as they grow. She also loves helping teenagers make healthy choices, and other medical care, such as preventative medicine, while caring for all people of all ages. "I see each patient as a person with their own life story, life experience, and preferences. Every patient is unique and requires an individual approach to their health needs," says Dr. Lutsyk. "What attracted me to Sweetwater Hospital Association is its mission to provide the highest quality medical care." Dr. Lutsyk enjoys painting, reading, gardening, hiking, and playing piano to recharge.

To schedule an appointment with Dr. Lutsyk, please contact her office at (865) 657-3755.



Ashley Pinette, M.D.
General Surgery

Dr. Ashley Pinette was born in Brooklyn, New York, and grew up in Fort Lauderdale, Florida. His Journey brought him to develop a strong relationship with his community and family, who encouraged him to pursue his goals. After College, Dr. Pinette attended Howard University College of Medicine, where he participated in several trips abroad to aid those less fortunate. Working with the less fortunate helped guide Dr. Pinette to what he would be passionate about for the rest of his life: Surgery. After Medical school at a Level I trauma center, Dr. Pinette attended General Surgery training, where he learned many facets of general and robotic surgery and obtained his certifications for robotic surgery. He is also innovative and interested in progressing medicine, as demonstrated by the years he devoted to research at the Ohio State University, studying cancer regimens and enhancing treatment methods to enhance an immune response to cancer. Dr. Pinette is a General and Robotic Surgeon who is compassionate, available, and devoted to caring for his patients. He now practices at Sweetwater Hospital Association in Sweetwater and works towards a plan of care for his patients, bringing about the best options and results. He has also recently opened his Loudon office where he will see patients every other Wednesday. Dr. Pinette is a forward thinker who uses medical knowledge and innovation to address his patients' surgical problems best. He is committed to delivering Excellent surgical care to his community.

To schedule an appointment with Dr. Ashley Pinette at his Sweetwater or Loudon County office, please contact his office at (865) 213-8592.



Candace Benoit -Pinette
Obstetrics and
Gynecology Surgery

Dr. Candace Benoit-Pinette obtained her undergraduate and medical degree at Howard University in Washington, D.C. where she developed a passion for women's health on a national and global scale. While in medical school she had several international missions where she traveled to Haiti, Ethiopia, and her homeland of Trinidad and Tobago. These overseas experiences have helped to fuel her passion for women's health and mold her into the physician that she is today.

After obtaining her medical degree she pursued her residency in Obstetrics and Gynecology in Dayton, Ohio. She was exposed to a wide range of patient experiences, delivered lots of babies, and took care of many complex medical and surgical cases. Her surgical skills were recognized when, as a chief resident, she earned the William A. Nahhas award for excellence in surgical skills and judgment.

Her patients describe her as compassionate, caring, liberating - as she gives them the freedom to express their emotions and concerns. Dr. Pinette believes strongly in treating the patient as an individual. She is here with her loving husband and she is looking forward to her journey in East Tennessee.

To schedule an appointment with Dr. Candace Pinette, please contact her office at (865) 213-8592.


SWEETWATER HOSPITAL ASSOCIATION OPENS NEW LOCATIONS


VONORE, TN


Sweetwater Hospital Association opened three new clinics during 2022 allowing easier access for patients to receive their medical treatments closer to home.



Physical Therapy Now Serving three locations:


 304 Wright Street
Sweetwater, TN 37874
Phone: (865) 213-8753


 155 Grand Vista, Suite 1&2
Vonore TN, 37885
Phone: (865) 213-8753
New Location

 412 Hunt Street
Tellico Plains, TN 37385
Phone: (423) 253-6532

Family & Industrial Medicine

Now Serving two locations:

 304 Wright Street
Sweetwater, TN 37874
(865) 213-8594


 156 Grand Vista, Suite 3
Vonore TN, 37885
(423) 884-2450
New Location



LOUDON, TN



Sweetwater Family Practice and Women's Health Dr. Olga Lutsyk, D.O.

 **901 Grove Street
Loudon, TN 37774
(865)657-3755**

New Location

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Sweetwater Hospital Association

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JOIN A DEDICATED TEAM

SUBMIT YOUR APPLICATION

Submit your application and
resume in person or email to
sha@sweetwaterhospital.org

NEW WEBSITE DEVELOPMENT

Sweetwater Hospital Association is developing a new website that will make hospital and physician information more accessible for patients. The Sweetwater Hospital Association website will offer information about each service and the physicians affiliated with them. The new website "Home" page will also allow patients to request a scheduled appointment with their physician utilizing the new front office tracking program "Patient Connect", opening up a new communication tool between the physician offices and the patients. Patient Connect makes the patient experience more efficient, smooth, and streamlined for your patients and front office staff.



Patient Connect

The new website will feature a new Patient Connect appointment scheduling link that allows patients to set up appointments online. The Patient Connect online appointment scheduling feature will provide better communication between patients and their physician's office. This service not only provides the patient's initial appointment but also works to send SMS text reminders of upcoming appointments.



SHA Goes Live with Radiology PACS System

Sweetwater Hospital Association upgraded its' PACS, with a new system that allows better communication between Radiologists, patients, and their health providers. PACS is a picture archiving communication service that stores electronic images and reports that can be quickly retrieved for better, faster care. This system helps to organize patient data while providing tools for visualization enhancement.

The PACS system also provides a significant savings in environmental cost by working from the cloud. Digital software makes reporting through a cloud based system easier by utilizing less film, ink, and printing. Through the PACS system, different software such as Ambra and Powershare have been introduced as well, making it easier to communicate and share images between providers of other hospitals, including the Federal VA hospitals and clinics.

WE LOVE OUR PATIENTS

We are Healthier Together

"We are so lucky to have quality physicians at our local hospital. We [Sweetwater] may be a small town, but when it comes to healthcare, we are big time!"

"Awesome! I was in and out within 30 minutes at Fast Trak Urgent Care Vonore. The staff and the doctors were all nice. This is where my entire family will go from now on!"

"We have used SHA many times over the past several years. Very caring, kind, compassionate group of people."



Google Reviews



Visit One of Our 9 Locations

**Sweetwater Hospital
Main Campus
304 Wright Street
Sweetwater, TN 37874**

**Physical Therapy
Tellico Plains
412 Hunt St
Tellico Plains, TN 37385**

**Physical Therapy
155 Grand Vista
Vonore, TN 37885**

**Surgical and Primary Care
Etowah Office
250 Grady Rd.
Etowah, TN 37331**

**Surgical and Primary Care
Athens Office
719 Cook Drive
Athens, TN 37303**

**Family and Industrial Medicine
156 Grand Vista
Vonore, TN 37885**

**Family Medicine
and Women's Health,
and Surgical Services
Loudon Office
901 Grove Street
Loudon, TN 37774**

**Fast Trak Urgent Care
2075 Hwy 411 North
Vonore, TN 37885**

**Family Medicine
and Women's Health
Madisonville
321 Tellico S St
Madisonville, TN 37354**

WHICH ONE... should I choose?

URGENT CARE

The condition requires immediate care but is **NOT** life threatening:



EMERGENCY

The condition **IS** life or limb-threatening:



• *Fast Trak* Vonore •

Fast Trak Vonore

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- Walk-Ins
- 7am to 7pm, 7 Days a Week
- Most Insurance Plans Accepted
- Limited Lab Testing
- Limited X-ray
- EKGs
- Splinting
- Sutures
- Physicals

SHA | Urgent Care

sweetwaterhospital.org

2075 Hwy 411, Vonore TN, 37885

423-884-2133



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Sweetwater, TN 37874
www.sweetwaterhospital.org

